**Senior Outdoor Education (10/11/12)**

Instructor: Rory Henderson

Classroom: Portable 6

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Class Website: <http://rory.henderson.weebly.com>

**Course Rationale**

The Outdoor Education program is an experiential learning program that takes places in, on and about the outdoors.

Students participating in this program will be introduced to a number of different aspects of outdoor education.

Outdoor education activities are designed to incorporate outdoor and wilderness environments into student learning.

***Students should be prepared to go outside every single day!***

**Course Topics**

|  |  |
| --- | --- |
| Unit | Topic |
| 1 | First Aid |
| 2 | Winter Camping |
| 3 | Cross Country Skiing |
| 4 | Downhill Skiing |
| 5 | Ice Safety & Fishing |
| 6 | Avalanche Awareness |
| 7 | Snowshoeing |
| 8 | Traditional Knowledge |
| 9 | Paddling |
| 10 | Weather |
| 11 | Navigation |
| 12 | Hiking |

**Evaluation Criteria**

**Participation – 20%**

**Practical Skills – 20%**

* + Canoeing
  + Cycling
  + Cross Country Skiing
  + Hiking
  + Snow Shoeing

*Practical skills will be evaluated through instructor observation, practical tests, success on trips and student self-assessment.*

**Camping Skills – 20%**

* + Preparation
  + Leave No Trace
  + Camp Set-Up and Takedown
  + Cooking
  + Sanitation
  + Navigation
  + Fire Starting

*Camping skills will be evaluated through instructor observation, practical tests, success on trips, and student self-assessment.*

**Contribution to Class – 10%**

* + Helping with Chores
  + Taking Initiative
  + Attitude
  + Supporting Others

*Contribution to the class will be evaluated by instructor observation and student self-assessment.*

**Projects – 10%**

* + GoPro
  + Service Project
  + Blog

*These ongoing projects will be gradually completed during times when Mr.Henderson is away.*

**Journals & Reflection – 20%**

*Journals will be evaluated after each trip based on the following criteria:*

* + Completeness
  + Neatness
  + Accuracy
  + Creativity

*Journals include sections for subjective self-evaluation as well as instructor evaluation of overall performance while on trips.*

**Sr. Outdoor Ed – Winter 2018 Schedule**

***\*\*\*These dates are subject to change based on a variety of factors\*\*\****

**February**

**5th** - First Day of Semester

**9th** – NID

**12th** – Family Day

**15th** – Biathlon Day

**27th-28th** – Winter Overnight

**March**

**9th** – Ski Day

**16th** – Ski Day

**March 23rd - April 3** – March Break

**April**

**4th** – First Day after March Break

**16th – 24th** – Avalanche Awareness

**20th** – NID

**25th – 27th –** SilverKing Trip

**May**

**6th – 14th** – Haida Gwaii Trip

**18th** – NID

**21st** – Victoria Day

**29th – June 1st** – Nanika-Kidprice Canoe Trip

**June**

**5th – 8th** – Nanika-Kidprice Canoe Trip

**Overnight Trips**

* Winter Overnight – February 27th & 28th
* SilverKing – April 25th – 27th
* Nanika-Kidprice Canoe Trip – May 29th – June 1st & June 5th – 8th

**Project Based Learning**

There will be days when Mr. Henderson is away on trips with other classes. During this time, you will be expected to work independently or in a small group on a number of ongoing projects.

**Project 1 – Go Pro Edit**

*As part of this course, every student will make a Go Pro edit with a partner.*

**Project 2 – Service Project**

*Students will complete a project to positively benefit the community and the environment.*

**Project 3 – Independent Study Unit**

*An independent study unit involves study a specific topic of your choice. This could include natural science, leadership, physical education, the environment, geography, safety, nutrition, first aid, group dynamics and almost anything else you can imagine!*

**Project 4 – Blog Project**

*Students will write a blog on their experiences in this course and reflect on what they have learned.*

**Project 5 – Book Review**

*Students will read a novel related to outdoor education and adventure. Upon completion, they will complete a book review of what they have read and present it to the class.*

**Course Activity Fee**

*Each student will be required to pay a fee of $50 to cover trip costs, facility rentals, bus fuel, camping fees, etc.*

*If you have any questions or concerns about fees please let me know.*